

20 MAR 3<sup>rd</sup> SUNDAY OF

LENT



BIBLICAL MEDITATION 21-26 MAR



## READ

Jesus said to them, "Surely you will quote this proverb to me: 'Physician, heal yourself!' And you will tell me, 'Do here in your hometown what we have heard that you did in Capernaum.'" "Truly I tell you," he continued, "no prophet is accepted in his hometown. I assure you that there were many widows in Israel in Elijah's time, when the sky was shut for three and a half years and there was a severe famine throughout the land. Yet Elijah was not sent to any of them, but to a widow in Zarephath in the region of Sidon. And there were many in Israel with leprosy in the time of Elisha the prophet, yet not one of them was cleansed—only Naaman the Syrian." All the people in the synagogue were furious when they heard this. They got up, drove him out of the town, and took him to the brow of the hill on which the town was built, in order to throw him off the cliff. But he walked right through the crowd and went on his way. (Luke 4:23–30)

## MEDITATE

If we only mistake or jealous of others who are gifted, we will forget that we also have the chance of receiving gifts. Worst still, we will only go further and turn to blame the act and reason for the gift-giver, or even putting others in danger. We may not have reached that stage, but pray for God's mercy to help us see our spiritual poverty or frailty, so that we will not repeat the mistake the Jews made in the first century.

## PRAY

Look upon the heart-felt desires of your humble servants, Almighty God, and stretch forth the right hand of your majesty to be our defense against all our enemies; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.



## READ

Then Peter came to Jesus and asked, "Lord, how many times shall I forgive my brother or sister who sins against me? Up to seven times?" Jesus answered, "I tell you, not seven times, but seventy-seven times. "Therefore, the kingdom of heaven is like a king who wanted to settle accounts with his servants. As he began the settlement, a man who owed him ten thousand bags of gold was brought to him. Since he was not able to pay, the master ordered that he and his wife and his children and all that he had be sold to repay the debt. "At this the servant fell on his knees before him. 'Be patient with me,' he begged, 'and I will pay back everything.' The servant's master took pity on him, canceled the debt and let him go. "But when that servant went out, he found one of his fellow servants who owed him a hundred silver coins. He grabbed him and began to choke him. 'Pay back what you owe me!' he demanded. "His fellow servant fell to his knees and begged him, 'Be patient with me, and I will pay it back.' "But he refused. Instead, he went off and had the man thrown into prison until he could pay the debt. When the other servants saw what had happened, they were outraged and went and told their master everything that had happened. "Then the master called the servant in. 'You wicked servant,' he said, 'I canceled all that debt of yours because you begged me to. Shouldn't you have had mercy on your fellow servant just as I had on you?' In anger his master handed him over to the jailers to be tortured, until he should pay back all he owed. "This is how my heavenly Father will treat each of you unless you forgive your brother or sister from your heart." (Matthew 18:21-35)

## MEDITATE

May God grant us sufficient wisdom and a great loving heart that reveal God's grace and mercy.

## PRAY

O Lord, we beseech you mercifully to hear us; and grant that we, to whom you have given a fervent desire to pray, may, by your mighty aid, be defended and comforted in all dangers and adversities; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.



### READ

"Do not think that I have come to abolish the Law or the Prophets; I have not come to abolish them but to fulfill them. For truly I tell you, until heaven and earth disappear, not the smallest letter, not the least stroke of a pen, will by any means disappear from the Law until everything is accomplished. Therefore anyone who sets aside one of the least of these commands and teaches others accordingly will be called least in the kingdom of heaven, but whoever practices and teaches these commands will be called great in the kingdom of heaven. (Matthew 5:17-19)

### MEDITATE

During the pandemic, it is essential to learn about the knowledge related to the viruses and adhere to personal anti-epidemic measures. The consequence may be serious if we contract the disease.

Similarly, children of God should learn more about the Word of God, so that the Holy Spirit may influence us and guide us to walk in the truth with God and take delight in Him.

### PRAY

Give ear to our prayers, O Lord, and direct the way of your servants in safety under your protection, that, amid all the changes of our earthly pilgrimage, we may be guarded by your mighty aid; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen



## READ

Jesus was driving out a demon that was mute. When the demon left, the man who had been mute spoke, and the crowd was amazed. But some of them said, "By Beelzebul, the prince of demons, he is driving out demons." Others tested him by asking for a sign from heaven. Jesus knew their thoughts and said to them: "Any kingdom divided against itself will be ruined, and a house divided against itself will fall. If Satan is divided against himself, how can his kingdom stand? I say this because you claim that I drive out demons by Beelzebul. Now if I drive out demons by Beelzebul, by whom do your followers drive them out? So then, they will be your judges. But if I drive out demons by the finger of God, then the kingdom of God has come upon you. "When a strong man, fully armed, guards his own house, his possessions are safe. But when someone stronger attacks and overpowers him, he takes away the armor in which the man trusted and divides up his plunder. "Whoever is not with me is against me, and whoever does not gather with me scatters. (Luke 11:14-23)

## MEDITATE

Being 'with me' means taking the same side as mine, whereas 'to gather' means pulling others together. 'Whoever is not with me' means not taking the same side as the Lord's, whereas 'whoever does not gather with me' means not bringing people to God.

In the spiritual world, there are only the Kingdom of God and that of Satan, but not any so-called 'bi-partisan' areas. Therefore, whoever does not stand on the Lord's side is 'against me (the Lord)', and whoever does not bring people to the Lord 'scatters'. These people belong to Satan. People are always utilitarian. They are fence-fitters who just stand with the stronger side. Whoever is double-minded will be despised by the Lord Jesus.

Life involves series of choices. Even if you don't make any choices, you are already choosing not to choose. As our accountability for our life choices are inevitably, let us make the right choices for the right matters!

## **PRAY**

Keep watch over your Church, O Lord, with your unfailing love; and, since it is grounded in human weakness and cannot maintain itself without your aid, protect it from all danger, and keep it in the way of salvation; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.



## READ

In the sixth month of Elizabeth's pregnancy, God sent the angel Gabriel to Nazareth, a town in Galilee, to a virgin pledged to be married to a man named Joseph, a descendant of David. The virgin's name was Mary. The angel went to her and said, "Greetings, you who are highly favored! The Lord is with you." Mary was greatly troubled at his words and wondered what kind of greeting this might be. But the angel said to her, "Do not be afraid, Mary; you have found favor with God. You will conceive and give birth to a son, and you are to call him Jesus. He will be great and will be called the Son of the Most High. The Lord God will give him the throne of his father David, and he will reign over Jacob's descendants forever; his kingdom will never end." "How will this be," Mary asked the angel, "since I am a virgin?" The angel answered, "The Holy Spirit will come on you, and the power of the Most High will overshadow you. So the holy one to be born will be called the Son of God. Even Elizabeth your relative is going to have a child in her old age, and she who was said to be unable to conceive is in her sixth month. For no word from God will ever fail." "I am the Lord's servant," Mary answered. "May your word to me be fulfilled." Then the angel left her. (Luke 1:26-38)

## MEDITATE

Life is full of challenges: challenges on physical health or in our marriage. We may also be facing the same challenge or risk right now. Christian faith may be over-simplified as a set of rules and regulations. Even worship may be quantified, and the importance of relationship is being neglected. It is hoped that Mary's willingness continues to renew our hearts and minds and help us learn from her pure faith.

## PRAY

Pour your grace into our hearts, O Lord, that we who have known the incarnation of your Son Jesus Christ, announced by an angel to the Virgin Mary, may by his cross and passion be brought to the glory of his resurrection; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.



### READ

Deliver me from the guilt of bloodshed, O God, you who are God my Savior, and my tongue will sing of your righteousness. Open my lips, Lord, and my mouth will declare your praise. You do not delight in sacrifice, or I would bring it; you do not take pleasure in burnt offerings. My sacrifice, O God, is a broken spirit; a broken and contrite heart you, God, will not despise. May it please you to prosper Zion, to build up the walls of Jerusalem. Then you will delight in the sacrifices of the righteous, in burnt offerings offered whole; then bulls will be offered on your altar. (Psalm 51:14-19)

### MEDITATE

What David wanted was realised in our Lord Jesus Christ. Our Heavenly Father is just and merciful. He does not leave the guilty unpunished. He does not despise sorrowful and remorseful hearts. He gives us a chance to live a new life. What will you ask God of for yourself, for the church and the society?

### PRAY

O God, you know us to be set in the midst of so many and great dangers, that by reason of the frailty of our nature we cannot always stand upright: Grant us such strength and protection as may support us in all dangers, and carry us through all temptations; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.